

GLAMOUR MAGAZINE

glamour head out

G spots

[The spice route]

Indian restaurants that are hot, hot, hot!



Cape Town

MASALA DOSA

167 Long St, CBD; 021 424 6772

This fun place offers vegan options and sumptuous starters, like the mini masala dosa (a rice and lentil crêpe with potato curry and coconut chutney; R43) and also bombe (potato and coriander balls with mozzarella and chili; R45). Sample all of the superb curries in a main-course treat.

THE BOMBAY BRASSERIE AT THE TAJ

7 White St, CBD; 021 819 2000

From the wingback chairs to the sparkling chandeliers, this A-list restaurant is made for a celebratory indulgence. Go all out and try the chef's menu (R625p/p), with stellar offerings like roast corn soup with turmeric popcorn, truffle-scented tandoori mushrooms and lamb in a saffron curry.

BUKHARA

33 Church St, CBD; 021 424 0000

A Cape Town institution that's wonderfully situated on a bustling pedestrian street, Bukhara's dark-wood interior, low lighting and aromas make for a romantic, sensual experience. So set aside a good few hours (and R495p/p) for a food journey of epic proportions, from tandoori lamb chops to palak paneer and prawn curry.



Durban

JEERA

Suncoast Towers, 20 Battery Beach Rd; 031 314 7878

An authentic Indian feast awaits at this elegant eatery with its terrific location and brilliantly diverse menu. We loved the Jeera tasting platter to start (spicy mutton cocktail sausages, samosas, chicken tikka and chilli bhajia; R98). For mains, we like the prawn and chicken curry (R165) or the prawn curry (queen prawns simmered in a seafood curry sauce with blended signature spices; R180). End on a cool note with the delectable trio of sorbets (R45).

LINGELA

Southern Sun Elangeni and Maharani, 63 Snell Parade; 031 362 1300

Lingela's generous buffet (R270p/p) includes a curry corner and tandoori oven as well as a delicious selection of Indian flavours in a chic, contemporary setting. Garlic and herb naan, rotis, chicken tandoori and traditional Durban favourites, like the vegetable korma and lamb and potato curry, are just a few of the appetising dishes on offer at Lingela.

HOLLYWOODBETS

126 Interste Ave, Umgeni Business Park; 031 263 2834

The tasty, extremely well-priced specialities at Hollywoodbets can be enjoyed in its comfortable outlets or as take-outs, making it a must on your speed dial. We loved their famous quarter mutton bunny served with carrot salad (R45) and added sambals (R9) and the mouthwatering chicken roti (R37). In the mood for a good curry? Choose from their selection of mutton, chicken and bean served with rice, roti or bread (from R30).



Joburg

RED CHILLI SPICE

345 Jan Smuts Ave, Craighall Park; 082 727 7798

Expect great views from this gem, with food to match. Try the vegetable samosas (R30), Kanwari prawns (R88) and chicken tikka masala (R88) with poppadoms. And for dessert, go for the gulab jamun (F40).



GHAZAL

Shop 13, The Square, cnr Lesunkop Rd and Nalvesha Rd, Bryanston; 011 807 5828

Voted 2015's top curry spot by Best of Joburg, Ghazal lives up to the hype, with an equally impressive low price tag. Try the platter for one (R45), with samosas, chicken dishes and other tasty starters. For mains, the dal makhani (spicy lentil and bean curry; R89) is very satisfying.

MANTRA

17 4th Avenue, Parktown North; 011 023 0632

Well refurbished, Mantra specialises in North Indian cuisine, and one page of its extensive menu is dedicated solely to Indian breads. Our favourites: the Rogan Josh (aromatic lamb curry; R108.90) with garlic naan (R22.90). Book ahead to get one of the popular outside tables.